

# Supplies for medicine makers

What you'll need	When to use it
<input type="checkbox"/> Glass jar [pint, quart, gallon]	To store dried herbs, to make herbal medicines
<input type="checkbox"/> Amber/blue 1oz-2oz bottles + partner dropper tops [dropper, spray, pump tops]	Best to store finished herbal medicines in dark bottles to assure longer shelf life
<input type="checkbox"/> Wax paper	Place between lid + jar of all herbal medicines
<input type="checkbox"/> Various funnels	To transfer finished medicine to amber bottles, transfer herbs into glass jars
<input type="checkbox"/> Cheesecloth or nut milk bag	Used to strain remove plant material from finished medicines
<input type="checkbox"/> Various strainers	Used to strain plant material
<input type="checkbox"/> Mixing bowls	To support mixing of dried herbs + straining medicines
<input type="checkbox"/> Measuring cups	To support exact measurements of menstrums/herbs or act as a funnel when necessary
<input type="checkbox"/> Measuring spoons	To support exact measurements of menstrums/herns
<input type="checkbox"/> Mortar & Pestle	To grind herbs into powder or smaller forms
<input type="checkbox"/> Grinder	To grind roots and barks into powders
<input type="checkbox"/> Kitchen scale	To measure out specific quantities of dried herbs
<input type="checkbox"/> Sauce pans	To make herbal syrups, honeys + decoctions
<input type="checkbox"/> Cutting boards	To cut herbs/roots
<input type="checkbox"/> Knives	To cut fresh herbs/roots
<input type="checkbox"/> Foraging bag	To collect plant ancestors from the wild
<input type="checkbox"/> Pocket knife/hand clippers/pruning shears	To harvest parts of plants + branches; hand clippers are recommended for tougher plants
<input type="checkbox"/> Scissors	To cut fresh herbs for medicine preparation
<input type="checkbox"/> Labels or light colored masking tape	To document when/how/where we made our medicine
<input type="checkbox"/> 1 to 2 inch 3 ring binder	Collect plant observations, profiles + learnings
<input type="checkbox"/> Pencils, pens, colored pencils, watercolor	To support our learning + creation!

