Blessing Herbs

Banishing, Protection + Shielding

Copal Opoponax From my ancestors + experiences:

Cedar Piñon resin

Desert sage
Dragon's blood
Juniper
Kooigoed/mphepho/African sage
Rue
Tobacco
Wormwood
Yerba santa

Mugwort

Connection + Transcendence From my ancestors + experiences:

Any of our blessing herbs that call you

to spiritual home + ancestor

Clarity + Physical/Spiritual From my ancestors + experiences:

Cleansing Myrrh

Cedar Palo santo**

Common/garden sage Pine
Copal Rue

Frankincense* Sweetgrass
Juniper Tobacco
Kooigoed/mphepho/African sage White sage**

Creation, Fertility + Abundance Rose From my ancestors + experiences:

Acacia gum Sandalwood
Agua florida Sweetgrass
Balsam of Peru Tobacco

Benzoin Corn

Dragon's Blood Flower of jericho

Mugwort

Nurturing Piñon resin From my ancestors + experiences:

Agua florida Rose

Benzoin Sweetgrass
Dammar Tobacco

Lavender Palo santo**

**I am a plant ancestor that is currently under attack by overharvesting. Assure yourself that I come from an ethical + homegrown source to best honor my existence.

*I am near threatened.

